

CCRN® / PCCN® Exam Review Course: Day One
December 7th, 2009
7:30 a.m. to 4:00 p.m.
Minneapolis VA Medical Center – Main Auditorium

Description/Purpose Statement

Caring for today's acutely ill or critically ill adult requires highly skilled, competent, and knowledgeable nurses. One way to demonstrate the level of expertise of a progressive care or a critical care nurse is through certification. The CCRN® and the PCCN® certification shows other health care professionals, employers, and patients that you are an expert progressive care or critical care nurse. The purpose of this class is to help you review & identify areas where you may have learning needs and will help prepare you for the CCRN® or the PCCN® examination through lecture, interaction, and practice test questions. *This class is designed for the experienced progressive care or critical care nurse.*

Target Audience/Pre-Requisite

All participants must be eligible to sit for the CCRN or PCCN examination. To be eligible, the participant must be an RN with a current license who has 1,750 hours in direct bedside care of the critically ill patient within the last 2 years, with 875 of those hours in the past year. The presentation of the content is fast, with key points and difficult concepts explained. Anatomy, physiology, pathophysiology and other basics will not be covered in class. TCHP has several primers available to help you review this content: **Cardiovascular Critical Care Primer, Understanding Adult Hemodynamics Primer, GI, Renal and Endocrine Primer.** HCMC, MVAMC and Regions Hospital employees should contact their Education Department to obtain the primers. All others, including HealthEast, should access the primers on the TCHP website at: www.tchpeducation.com/homestudies/home_studies.htm. If you have trouble accessing the primers on the TCHP website, please call 651-254-0885. Non-TCHP hospital participants are free to read the primers on the TCHP website, but will be assessed a \$5 per contact hour fee to process any homestudies for contact hours. Progressive care nurses are strongly encouraged to read all the primers, especially the *Understanding Adult Hemodynamics Primer*, prior to arriving at class.

7:30 – 7:45 a.m.	Registration	
7:45 – 8:00 a.m.	Introduction to the CCRN Examination	Jennifer Rech
8:00 – 9:00 a.m.	Cardiovascular Review (Part One)	Jennifer Rech
9:00 – 9:15 a.m.	Break	
9:15 – 10:15 a.m.	Cardiovascular Review (Part One, continued)	Jennifer Rech
10:15 – 11:45 a.m.	Cardiovascular Review (Part Two)	Marie Langer
11:45 – 12:30 p.m.	Lunch	
12:30 – 1:30 p.m.	Hematology and Immunology Review	Lori Allert
1:30 – 2:30 p.m.	Gastrointestinal Review	Lori Allert
2:30 – 2:45 p.m.	Break	
2:45 – 4:00 p.m.	Renal Review	Crystal Clark

Continuing Education Credit

For attending this class, you are eligible to receive:	<p>8.4 Minnesota Board of Nursing contact hours / 7.00 ANCC contact hours.</p> <p>Criteria for successful completion: If you are an ANCC-certified nurse, you must attend the ENTIRE activity to achieve the objective and receive contact hours.</p> <p>The Twin Cities Health Professionals Education Consortium is an approved provider of continuing nursing education by the Wisconsin Nurses Association Continuing Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.</p>
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Please Read!

- Check the attached map for directions to the class and assistance with parking.
- Certificates of attendance will be distributed at the end of the day.
- You should dress in layers to accommodate fluctuations in room temperature.
- Food, beverages, and parking costs are your responsibility.
- If you are unable to attend after registering, please notify the Education Department at your hospital or TCHP at (651) 254-0885.
- In the case of bad weather, call the TCHP office at 651-254-0885 and check the answering message to see if a class has been cancelled. If a class has been cancelled, the message will be posted by 5:30 a.m. on the day of the program.
- More complete class information is available on the TCHP website at www.tchpeducation.com.

Minneapolis VA Medical Center—Main Auditorium

Directions to the MVAMC

From the East (St. Paul): Take 35E south to West 7th/Highway 5 exit. Turn right at the top of the exit ramp. Continue on 5 to the Fort Snelling exit and stay to the right as you follow the exit around. You will “Y” into traffic coming from the Mendota bridge. Move to the right and exit on 55 west. As you exit on 55 west, it will “Y” almost immediately. Stay to the left and go straight through the stoplight. You will be on Minnehaha. Follow Minnehaha to the stoplight in front of the VA and turn left into the parking lot. If you miss the “Y” continue to the next stoplight (54th) and turn left. Go to stop sign (Minnehaha) and turn left again. Go to the stoplight in front of the VA and turn right into the parking lot.

From the Southeast: Take 35E to 110 west. Take the 55 west/Fort Snelling exit. Go to the far righthand lane as soon as you exit to continue on 55 west. Go over the Mendota Bridge, move to the right lane and exit to follow 55 west. As you exit on 55 west, it will “Y” almost immediately. Stay to the left and go straight through the stoplight. You will be on Minnehaha. Follow Minnehaha to the stoplight in front of the VA and turn left into the parking lot. If you miss the “Y” continue to the next stoplight (54th) and turn left. Go to stop sign (Minnehaha) and turn left again. Go to the stoplight in front of the VA and turn right into the parking lot.

From the North: Take 35W south to 62 east. *Follow directions below.

From the South: Take 35W north to 62 east. *Follow directions below.

From the West: Take 494 east to 35W north. Take 62 east. *Follow directions below.

***Directions, continued:** Get into the right lane on 62 and exit on 55 west. At the top of the exit ramp, turn left to continue on 55 west. Go to the stoplight (Minnehaha) and turn left. Follow Minnehaha to the stoplight in front of the VA and turn left into the lot.

For All: Park in the Visitor’s Parking Lot to the left (parking is free). Enter the VA from the Visitor’s Entrance (will be on the left as you face the building). The Main Auditorium will be on the right side of the main atrium, across from the information booth.

Light Rail Transit: The LRT line stops right in front of the VA Medical Center. Feel free to utilize the park and ride lots and take the LRT to the VA Medical Center. Go to the LRT website for information about where to park, fares, and how to ride:

<http://www.metrocouncil.org/transit/rail/index.htm>

