



*Please Note: This class offering is tailored specifically to nursing personnel (RNs/LPNs). If you are not a nurse, you may want to register for a regular offering of this class in 2010.*

## How to Identify Basic ECG Rhythms For Assistive Personnel

**November 17, 2009**

**7:45 a.m. – 12:30 p.m.**

**West Bldg. - Room 2016**

(1 Block West of Regions Hospital on the corner of University & Robert St.  
 Class is not at Regions Hospital - but park at the hospital)  
 Please read parking directions carefully!

### Description/Purpose Statement

The purpose of this class is to review the practical aspects of cardiac anatomy and physiology; learn how to apply ECG electrodes for cardiac monitoring and identify problematic sinus, atrial, junctional, and ventricular rhythms. Finally, you will learn your role in caring for patients who develop a dysrhythmia, and when to seek assistance.

### Target Audience

This class was designed for assistive health care personnel who do not have primary responsibility for cardiac monitoring.

- This course is **not** for people who have primary responsibility for cardiac monitoring.
- This course is **not** intended for critical care or telemetry nurses.
- This course can be used as partial preparation for the rhythm portion of ACLS, but is **not** adequate preparation for ACLS by itself.
- *You will not learn how to perform 12-Lead ECGs*

### Schedule

|                    |   |                   |
|--------------------|---|-------------------|
| 7:45 – 8:00 a.m.   | Registration                                  |                   |
| 8:00 – 8:30 a.m.   | Introduction to ECG Monitoring                | Colleen Johannsen |
| 8:30 – 9:00 a.m.   | Sinus and Atrial Rhythms                      | Colleen Johannsen |
| 9:00 – 9:15 a.m.   | Break   |                   |
| 9:15 – 10:00 a.m.  | Practice                                      | Colleen Johannsen |
| 10:00 – 10:30 a.m. | Junctional, Heart Blocks, Ventricular Rhythms | Colleen Johannsen |
| 10:30 – 10:45 a.m. | Practice                                      | Colleen Johannsen |
| 10:45 – 11:00 a.m. | Break   |                   |
| 11:00 – 11:30 a.m. | Paced Rhythms<br>Alarms and Calling a Code    | Colleen Johannsen |
| 11:30 - 12:30 p.m. | Putting it all Together<br>Practice           | Colleen Johannsen |

### Continuing Education Credit

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|--|--|
| For attending this class, you are eligible to receive: | <p><b>4.8 Minnesota Board of Nursing contact hours / 4.0 ANCC contact hours.</b></p> <p><b>Criteria for successful completion:</b> If you are an ANCC-certified nurse, you must attend the ENTIRE activity to achieve the objective and receive contact hours.</p> <p>The Twin Cities Health Professionals Education Consortium is an approved provider of continuing nursing education by the Wisconsin Nurses Association Continuing Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.</p> |
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### Please Read!

- Check the attached map for directions to the class and assistance with parking.
- Certificates of attendance will be distributed at the end of the day.
- You should dress in layers to accommodate fluctuations in room temperature.
- Food, beverages, and parking costs are your responsibility.
- If you are unable to attend after registering, please notify the Education Department at your hospital or TCHP at (651) 254-0885.
- In the case of bad weather, call the TCHP office at 651-254-0885 and check the answering message to see if a class has been cancelled. If a class has been cancelled, the message will be posted by 5:30 a.m. on the day of the program.
- More complete class information is available on the TCHP website at [www.tchpeducation.com](http://www.tchpeducation.com).

# Directions to the West Building

Please note that parking behind the West Building is not an option as this is a paid employee lot. You will need to park in the Regions Hospital West Parking Ramp\* and walk up the hill to the West Building. You may park in any "Reserved Regions Hospital Only" parking spot in the West Ramp. If you are unable to walk up the hill due to disability, please call the TCHP office a couple days before the program for instructions: 651.254.0885.

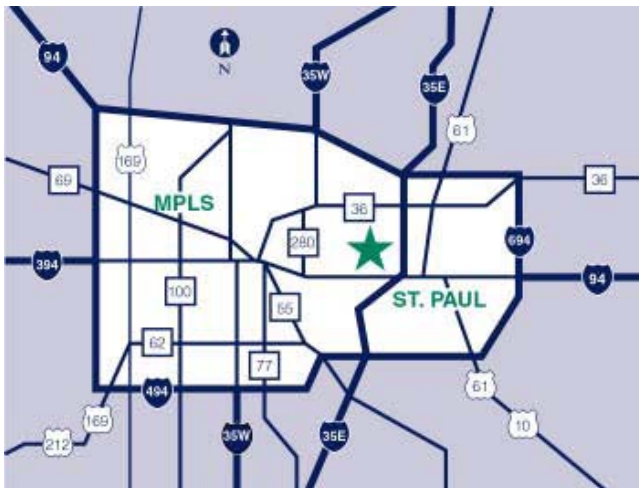
## Driving Directions:

**From the North:** Take 35 E south to the University Ave. exit. Turn right onto University. Go to Jackson Street and turn left. Take the first left in front of Regions Hospital.\*

**From the South:** Take 35 E north to 11<sup>th</sup> street exit. Continue ahead to the Jackson Street intersection. Turn left. Follow Jackson to the stoplight in front of Regions Hospital; turn right.\*

**From the West:** Take 94 East to Kellogg/Marion Street exit. Turn left onto Marion Street. Drive past the Sears store to University Ave. and turn right. Go several blocks to Jackson Street and turn right. Take the first left in front of Regions Hospital.\*

**From the East:** Take 94 West to the 12<sup>th</sup> street/Capitol exit. At the first stop light, turn right onto Jackson Street. Turn right at the stoplight in front of Regions Hospital.\*



### PLEASE NOTE...

Lunch is not available in this building. You may want to bring your own lunch to the program. A microwave is available to warm up food. Vending machines are available for soda and snacks.

**\*Parking/walking directions:** Park in the West Parking Ramp\* which is to the left of the hospital. You may park in any "Reserved Regions Hospital Only" parking spot. Walk uphill on University Avenue one block to Robert Street. The West Building is located on the SE corner of University Ave. and Robert Street (see dot on the map above). Go to the rear entrance of the West Building. There is a telephone to the left of the door in a silver box. For room 2016, dial 4-2895. for room 3020, dial 4-2957. If no one can be reached, call Security at 4-3979 and let them know you need entry to the building. You can also dial the classrooms on your cell phone: 651-254-2895 for 2016 and 651-254-2957 for 3020. After 8 a.m., use the front entrance to the building on Robert Street.

\*Please note that the West Parking Ramp used to be called the North Parking Ramp. Signage may be confusing until later into 2009 when the way-finding changes are completed.

***The program coordinator will have discounted parking vouchers for the Regions Hospital West Ramp.  
NO DISCOUNT CAN BE GIVEN AT ANY OTHER PARKING LOCATION.***