

# Cardiovascular Issues in ElderCare

## Post-Test

Name \_\_\_\_\_  
 (Please enter legal name above)

Birth date (required)

Format: 01/03/1999

M	M	D	D	Y	Y	Y	Y

Where do you work? (example: HCMC, MVAHCS, etc.) Enter N/A if you are not employed.

Hospital \_\_\_\_\_ Unit \_\_\_\_\_

\*Email Address \_\_\_\_\_

\*TCHP hospitals must use work email address.

I verify that I have read this home study and have completed the post-test and evaluation.

By checking this box, I am submitting my electronic signature to this statement.

- 1) Does the heart of the elder easily speed up to maintain the cardiac output?
  - a) No, not as easily as in a younger person
  - b) Yes, this does not change with age
- 2) Which of the following blood pressures would be considered hypertensive?
  - a) 139/89 mm Hg
  - b) 155/94 mm Hg
  - c) 109/60 mm Hg
  - d) 76/20 mm Hg
  - e) Both a & b
  - f) None of the above
- 3) Symptoms of PAD include:
  - a) Pain
  - b) Slow or poor wound healing
  - c) Diminished peripheral pulses
  - d) All of the above

- 4) Treatment recommendations for angina may include all of the following EXCEPT:
  - a) Aspirin and anti-anginals
  - b) Beta blocking agents
  - c) Cessation of all exercise
  - d) Cholesterol control
- 5) What complications of interventional cardiology may the older patient be susceptible to?
  - a) Stroke
  - b) Dysrhythmias
  - c) Renal failure
  - d) All of the above
- 6) Symptoms of a heart attack in the elderly may not be the typical sternal chest pain accompanied by left arm radiation.
  - a) True
  - b) False
- 7) Drugs that may be helpful in managing the patient with CHF include:
  - a) ACE inhibitors
  - b) Diuretics
  - c) Nitrates
  - d) All of the above
- 8) Kidney and liver functions are considerations when administering medications for dysrhythmias to an older patient.
  - a) True
  - b) False

**Expiration date:** The last day that post tests will be accepted for this edition is **December 31, 2017**—your envelope must be postmarked on or before that day.

## Evaluation: Cardiovascular Issues in ElderCare

Please complete the evaluation form below by placing an “X” in the box that best fits your evaluation of this educational activity. Completion of this form is required to successfully complete the activity and be awarded contact hours.

At the end of this home study program, I am able to:	Strongly Agree, Agree, Neutral, Disagree, Strongly Disagree
1. Review normal changes of aging in the cardiovascular system.	
2. Describe “typical” pathologies of the elderly related to the heart and blood vessels.	
3. Discuss how the assessment and management of diseases of the heart and blood vessels can be different in the elderly patient.	
4. The teaching / learning resources were effective. <i>If not, please comment:</i>	

The following were disclosed in writing prior to, or at the start of, this educational activity (please refer to the first 2 pages of the booklet).	YES or NO
5. Notice of requirements for successful completion, including purpose and objectives	
6. Conflict of interest	
7. Disclosure of relevant financial relationships and mechanism to identify and resolve conflicts of interest	
8. Sponsorship or commercial support	
9. Non-endorsement of products	
10. Off-label use	
11. Expiration Date for Awarding Contact Hours	
12. Did you, as a participant, notice any bias in this educational activity that was not previously disclosed? <i>If yes, please describe the nature of the bias:</i>	

13. How long did it take you to read this home study and complete the post test and evaluation:

\_\_\_\_\_ hours and \_\_\_\_\_ minutes.

14. Did you feel that the number of contact hours offered for this educational activity was appropriate for the amount of time you spent on it?

\_\_\_\_ Yes

\_\_\_\_ No, more contact hours should have been offered

\_\_\_\_ No, fewer contact hours should have been offered

Expiration date: December 31, 2017