

Post-Test: Genitourinary Issues in ElderCare

Name _____
(Please enter legal name above)

Birth date (required)

Format: 01/03/1999

M	M	D	D	Y	Y	Y	Y

Where do you work? (example: HCMC, MVAHCS, etc.) Enter N/A if you are not employed.

Hospital _____ Unit _____

*Email Address _____

*TCHP hospitals must use work email address.

I verify that I have read this home study and have completed the post-test and evaluation.

By checking this box, I am submitting my electronic signature to this statement.

- 1) Urinary incontinence is a normal part of aging.
 - a) True
 - b) False
- 2) Symptoms for bladder cancer include:
 - a) Frequent and painful urination
 - b) Frothy urine
 - c) Rebound abdominal pain
 - d) Inability to urinate
- 3) Which of the following elderly would be most at risk for renal infection?
 - a) Elderly male, homecare, with urinary catheter
 - b) Elderly woman, ICU, catheterized
 - c) Elderly woman, NH, diabetic, Hx UTI's
- 4) Diabetes and hypertension account for ? of elderly with chronic renal failure.
 - a) 1/2
 - b) 1/4
 - c) 2/3
 - d) all

- 5) The following interventions would be helpful for women with uterine prolapse?
 - a) Stool softeners/laxatives
 - b) Kegel exercises
 - c) Cough medicine
 - d) All of the above
- 6) Is it true that, if all women had regular pelvic exams and pap smears, invasive cervical cancers would likely all be curable?
 - a) Yes
 - b) No
- 7) Menopausal changes in the GU system of the elderly woman predisposes them to all of the following, EXCEPT:
 - a) Bladder infections
 - b) Insanity
 - c) Osteoporosis
 - d) Dyspareunia
- 8) Benign Prostatic Hyperplasia is one of the few GU changes that age is truly the major risk factor for.
 - a) True
 - b) False
- 9) Prostate specific antigen measurement is obtained through:
 - a) Urine specimen
 - b) Stool culture
 - c) Prostate biopsy
 - d) Serum test
- 10) Which of the following statements about sexuality in the elderly is NOT true?
 - a) Age causes a decline in sexual function.
 - b) Societal stereotypes lead to under treatment of sexual symptoms in the elderly.
 - c) Vaginal thinning can lead to a decrease in sexual desire.
 - d) Normal changes in aging lead to a decreased interest in sexuality for the elderly patient.

Expiration date: The last day that post tests will be accepted for this edition is **December 31, 2017**—your envelope must be postmarked on or before that day.

Evaluation: Genitourinary Issues in ElderCare

Please complete the evaluation form below by placing an “X” in the box that best fits your evaluation of this educational activity. Completion of this form is required to successfully complete the activity and be awarded contact hours.

At the end of this home study program, I am able to:	Strongly Agree, Agree, Neutral, Disagree, Strongly Disagree
1. Identify the physical, psychological, and social changes that may occur due to the aging genitourinary system.	
2. Describe methods to assist the geriatric patient in prevention and/or treatment of disease and disorder in the genitourinary system.	
3. The teaching / learning resources were effective. <i>If not, please comment:</i>	

The following were disclosed in writing prior to, or at the start of, this educational activity (please refer to the first 2 pages of the booklet).	YES or NO
4. Notice of requirements for successful completion, including purpose and objectives	
5. Conflict of interest	
6. Disclosure of relevant financial relationships and mechanism to identify and resolve conflicts of interest	
7. Sponsorship or commercial support	
8. Non-endorsement of products	
9. Off-label use	
10. Expiration Date for Awarding Contact Hours	
11. Did you, as a participant, notice any bias in this educational activity that was not previously disclosed? <i>If yes, please describe the nature of the bias:</i>	

12. How long did it take you to read this home study and complete the post test and evaluation:
_____ hours and _____ minutes.

13. Did you feel that the number of contact hours offered for this educational activity was appropriate for the amount of time you spent on it?

___ Yes

___ No, more contact hours should have been offered

___ No, fewer contact hours should have been offered.

Expiration date: December 31, 2017
