

# Management of the Obese Patient Post- Test

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Name \_\_\_\_\_  
(Please enter legal name above)

Birth date (required)

Format: 01/03/1999

M	M	D	D	Y	Y	Y	Y

Where do you work? (example: HCMC, MVAHCS, etc.) Enter N/A if you are not employed.

Hospital \_\_\_\_\_ Unit \_\_\_\_\_

\*Email Address \_\_\_\_\_

\*TCHP hospitals must use work email address.

I verify that I have read this home study and have completed the post-test and evaluation.

By checking this box, I am submitting my electronic signature to this statement.

- 1) Morbid obesity is defined as:
  - a) BMI more than 40
  - b) Greater than 40 lbs. overweight
  - c) Waist circumference more than 40
  - d) Death caused by being overweight
- 2) The term bariatric refers to:
  - a) A field of medicine that studies obesity
  - b) A patient who has taken barium in x-ray
  - c) The study and care of patients who are morbidly obese.
  - d) Both A & C
- 3) Obesity increases the risk of morbidity from all of the following *except*:
  - a) Type-2 diabetes
  - b) Osteoarthritis
  - c) Bunions
  - d) Coronary artery disease

- 4) Waist circumference is a useful tool to measure in people who are:
  - a) Normal weight
  - b) Overweight (BMI <35)
  - c) Morbidly obese
  - d) Both A & B
  - e) All of the above
- 5) The metabolic syndrome is a term used to describe a group of disorders including:
  - a) HDLs more than 40 mg/dL
  - b) Low blood sugar
  - c) High waist circumference
  - d) All of the above
- 6) Which statement about airway management in the obese patients is false?
  - a) Bagging by mask may be difficult
  - b) A tracheostomy will make it much easier to manage the patient's airway
  - c) Obstructive sleep apnea is a common problem
- 7) Which statement about medications in the obese patient is false?
  - a) Obese patients who have had anesthesia are at risk for re sedation
  - b) Opioids and sedatives should be titrated to the desired effect
  - c) Dosing is always done in mg/kg

**Expiration date:** The last day that post tests will be accepted for this edition is **December 31, 2017**—your envelope must be postmarked on or before that day.

# Management of the Obese Patient Evaluation

Please complete the evaluation form below by placing an “X” in the box that best fits your evaluation of this educational activity. Completion of this form is required to successfully complete the activity and be awarded contact hours.

At the end of this home study program, I am able to:	Strongly Agree, Agree, Neutral, Disagree, Strongly Disagree
1. Define the terms overweight, obese and morbidly obese.	
2. Identify health conditions common to those who are overweight.	
3. Describe nursing interventions specific to the obese patient.	
4. Identify common bariatric surgical procedures.	
5. The teaching / learning resources were effective. <i>If not, please comment:</i>	

The following were disclosed in writing prior to, or at the start of, this educational activity (please refer to the first 2 pages of the booklet).	YES or NO
6. Notice of requirements for successful completion, including purpose and objectives	
7. Conflict of interest	
8. Disclosure of relevant financial relationships and mechanism to identify and resolve conflicts of interest	
9. Sponsorship or commercial support	
10. Non-endorsement of products	
11. Off-label use	
12. Expiration Date for Awarding Contact Hours	
13. Did you, as a participant, notice any bias in this educational activity that was not previously disclosed? <i>If yes, please describe the nature of the bias:</i>	

14. How long did it take you to read this home study and complete the post test and evaluation:  
\_\_\_\_\_ hours and \_\_\_\_\_ minutes.

15. Did you feel that the number of contact hours offered for this educational activity was appropriate for the amount of time you spent on it?  
 \_\_\_ Yes  
 \_\_\_ No, more contact hours should have been offered  
 \_\_\_ No, fewer contact hours should have been offered.

Expiration date: December 31, 2017