

Substance Abuse in Health Care Professionals Post-Test

Name _____

(Please enter legal name above)

Birth date (required)

Format: 01/03/1999

M	M	D	D	Y	Y	Y	Y

Where do you work? (example: HCMC, MVAHCS, etc.) Enter N/A if you are not employed.

Hospital _____ Unit _____

*Email Address _____

*TCHP hospitals must use work email address.

I verify that I have read this home study and have completed the post-test and evaluation.

By checking this box, I am submitting my electronic signature to this statement.

- 1) Which of the following is not a sign of addiction (dependence):
 - a) Important activities are given up or reduced
 - b) Chronic pain
 - c) Continued use despite negative consequences
 - d) Inability to cut down or control use

- 2) The most commonly abused drug among Health care professionals is:
 - a) Alcohol
 - b) Marijuana
 - c) Benzodiazepines
 - d) Opioids

- 3) Nurses who work in which areas have the highest rate of substance abuse in the nursing profession:
 - a) Critical Care
 - b) Trauma Center, Emergency Room
 - c) Oncology
 - d) Both a and b
 - e) All of the above

- 4) Which statement about the warning signs of substance abuse in nurses is false:
 - a) Errors in judgment
 - b) Requests to work the night shift
 - c) Avoids auditing narcotics at the end of the shift
 - d) Utilizes more narcotics than other nurses on the unit

- 5) As a health care professional, you have an obligation to report a colleague to your manager if you suspect a substance abuse problem.
 - a) True
 - b) False

- 6) The key features of programs such as the Minnesota Health Professionals Services Program (HPSP) are:
 - a) Protect the public from impaired health care providers
 - b) "Rehabilitate" chemically dependent or mentally ill health care professionals
 - c) Provide an alternative pathway to disciplinary action by the state licensing board
 - d) All of the above

- 7) Which statement about recovery from substance abuse in health care professionals is true?
 - a) Physician recovery rates are 30- 50 % when treated for substance abuse.
 - b) The vast majority of health care professionals return to practice their previous profession.
 - c) Post-treatment monitoring is not essential to continued success.

Expiration date: The last day that post tests will be accepted for this edition is **December 31, 2016**—your envelope must be postmarked on or before that day.

Evaluation: Substance Abuse in Health Care Professionals

Please complete the evaluation form below by placing an "X" in the box that best fits your evaluation of this educational activity. Completion of this form is required to successfully complete the activity and be awarded contact hours.

At the end of this home study program, I am able to:	Strongly Agree, Agree, Neutral, Disagree, Strongly Disagree
1. Define substance abuse.	
2. Define addiction.	
3. Identify the top three abused drugs by health care professionals.	
4. List three or more signs that may indicate a substance abuse problem.	
5. Describe your obligation as a health care professional when you suspect that another health care professional has a substance abuse problem.	
6. The teaching / learning resources were effective. <i>If not, please comment:</i>	

The following were disclosed in writing prior to, or at the start of, this educational activity (please refer to the first 2 pages of the booklet).	YES or NO
7. Notice of requirements for successful completion, including purpose and objectives	
8. Conflict of interest	
9. Disclosure of relevant financial relationships and mechanism to identify and resolve conflicts of interest	
10. Sponsorship or commercial support	
11. Non-endorsement of products	
12. Off-label use	
13. Expiration Date for Awarding Contact Hours	
14. Did you, as a participant, notice any bias in this educational activity that was not previously disclosed? <i>If yes, please describe the nature of the bias:</i>	

15. How long did it take you to read this home study and complete the post test and evaluation:
 _____ hours and _____ minutes.

16. Did you feel that the number of contact hours offered for this educational activity was appropriate for the amount of time you spent on it?
 ___ Yes
 ___ No, more contact hours should have been offered
 ___ No, fewer contact hours should have been offered.

Expiration date: December 31, 2016