

Interventions Post Test

Name _____

(Please enter legal name above)

Birth date (required)

M	M	D	D	Y	Y	Y	Y

Format: 01/03/1999

Where do you work? (example: HCMC, MVAHCS, etc.) Enter N/A if you are not employed.

Hospital _____ Unit _____

*Email Address _____

*TCHP hospitals must use work email address.

I verify that I have read this home study and have completed the post-test and evaluation.

By checking this box, I am submitting my electronic signature to this statement.

- Many medications in psychiatry work to:
 - replace a deficient amount of neurotransmitter
 - block the neurotransmitter from binding with a receptor site
 - stop or facilitate splitting of the neurotransmitter from the binding site
 - all of the above
- Most antipsychotic medications block the transmission of what neurotransmitter?
 - serotonin
 - acetylcholine
 - dopamine
 - GABA
- The **atypical** antipsychotic medications block the transmission of:
 - acetylcholine and serotonin
 - GABA and dopamine
 - acetylcholine and GABA
 - dopamine and serotonin
- Which type of antidepressant doesn't allow serotonin to be reabsorbed into the axon as quickly?
 - MAO inhibitors
 - SSRI's
 - Tricyclic antidepressants

- Which type of antidepressant has interactions with a wide variety of foods?
 - MAO inhibitors
 - SSRI's
 - Tricyclic antidepressants
- Which of the following does NOT allow for the expression of feelings?
 - a private and confidential environment
 - a set time limit
 - a professional attitude of warmth, acceptance, and objectivity
 - a setting that is free from interruptions
- Outpatient therapy, such as personality restructuring, should be continued in the inpatient setting.
 - True
 - False
- An individual intervention for the psychotic patient might include:
 - setting firm and consistent limits
 - minimizing stimulation
 - assessing medication administration
 - all of the above
- Which of the following elements can make a psychotherapy group effective?
 - an informal and relaxed atmosphere
 - clear purpose with clear goals
 - sense of cohesion in the group
 - all of the above
- Is it all right for a patient to leave group if he chooses?
 - Yes
 - No
- Your parent had schizophrenia and was hospitalized many times. Should you bring this up in group?
 - Yes, your experience with your parent can help others understand their own relationships.
 - No, the most important interactions occur within the group.

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- 12) Which of the following patients would NOT have an indication for ECT?
- a) A 38-year-old woman with acute mania, exhibiting extreme psychomotor agitation
 - b) A 67-year-old man who is unable to take anti-depressant medications because of a physical condition
 - c) A 24-year-old man, non-suicidal, diagnosed within the last week with depression
 - d) A 25-year-old woman with suicidal depression in her 3rd month of pregnancy
- 13) ECT is not useful with chronically ill schizophrenics.
- a) True
 - b) False
- 14) Which of the following may be a side effect of ECT that is administered under optimal conditions?
- a) vertebral compression fractures
 - b) spotty but persistent memory loss
 - c) epilepsy
 - d) none of the above
- 15) Is the severely depressed patient allowed to refuse ECT as a treatment?
- a) Yes
 - b) No
- 16) Which of the following will **not** help the psychiatric patient to learn?
- a) tailoring the class to meet the needs of the individuals in the class
 - b) a variety of education methods, including demonstration, handouts, videos
 - c) two to four hour classes to get all of the information across at once
 - d) a room that is large enough to have personal space, but not too large
- 17) Pet therapy can be a beneficial complementary because it facilitates positive changes such as:
- a) Increasing socialization
 - b) Developing self esteem
 - c) Decreasing anxiety
 - d) All of the above
- 18) Your patient has four goals that he wants to accomplish this week. Which of these goals does he absolutely need to accomplish?
- a) Walking to the drop-in center three times/week
 - b) Getting up at 8:30 a.m. every day
 - c) Going to the grocery store once this week
 - d) Taking medications on time every day

Expiration date: The last day that post tests will be accepted for this edition is **December 31, 2017**—your envelope must be postmarked on or before that day.

EVALUATION: INTERVENTIONS IN PSYCHIATRY

Please complete the evaluation form below by placing an "X" in the box that best fits your evaluation of this educational activity. Completion of this form is required to successfully complete the activity and be awarded contact hours.

At the end of this home study program, I am able to:	Strongly Agree, Agree, Neutral, Disagree, Strongly Disagree
1. Review the major classifications of medications in psychiatry.	
2. Identify measures to ensure safe medication administration to psychiatric patients and improve medication compliance.	
3. Explain the elements of therapeutic 1:1 interactions, including health teaching, crisis intervention, problem solving, and coping.	
4. Explain the types of groups available, how to introduce and close a group and what identifies a group as working in the here-and-now.	
5. Discuss the role of nursing staff as co-facilitator and what makes a therapist successful in a group.	
6. Discuss the eleven curative factors.	
7. Describe the purpose, preparation, follow-up and adverse effects of electroconvulsive therapy	
8. List several complementary and alternative therapies used in mental health care.	
9. Discuss the areas that psychoeducation for the mentally ill patient may address and state common deficits mental health patients may exhibit.	
10. The teaching / learning resources were effective. <i>If not, please comment:</i>	

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The following were disclosed in writing prior to, or at the start of, this educational activity (please refer to the first 2 pages of the booklet).	YES or NO
11. Notice of requirements for successful completion, including purpose and objectives	
12. Conflict of interest	
13. Disclosure of relevant financial relationships and mechanism to identify and resolve conflicts of interest	
14. Sponsorship or commercial support	
15. Non-endorsement of products	
16. Off-label use	
17. Expiration Date for Awarding Contact Hours	
18. Did you, as a participant, notice any bias in this educational activity that was not previously disclosed? <i>If yes, please describe the nature of the bias:</i>	

19. How long did it take you to read this home study and complete the post test and evaluation:

_____hours and _____minutes.

20. Did you feel that the number of contact hours offered for this educational activity was appropriate for the amount of time you spent on it?

____Yes

____No, more contact hours should have been offered

____No, fewer contact hours should have been offered.

Expiration date: December 31, 2017
