

Introduction to Psychiatry Post Test

Name _____

(Please enter legal name above)

Birth date (required)

Format: 01/03/1999

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Where do you work? (example: HCMC, MVAHCS, etc.) Enter N/A if you are not employed.

Hospital _____ Unit _____

*Email Address _____

*TCHP hospitals must use work email address.

I verify that I have read this home study and have completed the post-test and evaluation.

By checking this box, I am submitting my electronic signature to this statement.

- 1) Is psychoanalysis commonly practiced in the inpatient setting?
 - a) Yes
 - b) No
- 2) Which model is used as a basis for assessment and intervention in modern psychiatry?
 - a) Behavioral model
 - b) Psychoanalytical model
 - c) Existential model
 - d) Medical model
- 3) Affiliative, dependence, achievement, ingestive, eliminative, sexual, and aggressive-protective needs are outlined in whose theory?
 - a) Hildegard Peplau
 - b) Sister Callista Roy
 - c) Dorothy Johnson
 - d) none of the above
- 4) What DSM-IV TR axis would the following conditions fall into?
 - a) _____ Histrionic personality disorder
 - b) _____ Schizophrenia
 - c) _____ Poverty
 - d) _____ Heart failure
 - e) _____ Bulimia
 - f) _____ Major depression

- 5) The anxiety in generalized anxiety disorder may be accompanied by:
 - a) headaches
 - b) nausea
 - c) hot flashes
 - d) all of the above
- 6) Panic attacks usually average _____ in length.
 - a) 1-2 hours
 - b) 2-3 minutes
 - c) 20 minutes
 - d) 24 hours
- 7) Dysthymia is:
 - a) a less severe type of depression
 - b) long-term
 - c) not disabling, but keeps individual from operating "at full steam"
 - d) all of the above
- 8) Another name for bipolar disorder is:
 - a) manic-depressive illness
 - b) dysthymia
 - c) kindling
 - d) none of the above
- 9) What does "psychotic" mean?
 - a) out of touch with reality
 - b) unable to separate real from unreal experiences
 - c) both of the above
- 10) An example of inappropriate affect would be:
 - a) giggling after a minor accident
 - b) crying when extremely angry
 - c) talking about being persecuted by demons, then laughing
 - d) none of the above
- 11) According to Minnesota Statute, which of the following people is a "mentally ill person"?
 - a) an 18-year-old with severe depression, admitted after suicide attempt with gun.
 - b) a 64-year-old paranoid schizophrenic with hallucinations that command him to kill his neighbor.
 - c) a 45-year-old street person who has auditory hallucinations and chemical dependency, and is unable to find food to eat.
 - d) all of the above

- 12) How much time does a patient who has admitted himself voluntarily for mental health treatment need to give as notice to leave?
- a) none
 - b) 12 hours
 - c) 24 hours
 - d) 72 hours
- 13) What time can a patient leave if he is admitted on Thursday at 5 p.m. under a 72-hour-hold?
- a) Tuesday at 5 p.m.
 - b) Monday at 5 p.m.
 - c) Sunday at 5 p.m.
 - d) Saturday at 5 p.m.
- 14) Can a patient be forced to take a neuroleptic medication?
- a) Yes, if it is in an emergency situation or the court orders neuroleptic medication administration
 - b) No, never
- 15) How often does an order for restraints on an adult need to be renewed?
- a) every hour
 - b) every four hours
 - c) every twelve hours
 - d) every twenty-four hours
- 16) What is a “Jarvis” hearing?
- a) when an application to declare the patient incompetent is made
 - b) a hearing in which the legal guardian is declared
 - c) a hearing where the psychologist/psychiatrist is reprimanded
 - d) a hearing in which the court can order neuroleptic medications to be administered to an incompetent person

Expiration date: The last day that post tests will be accepted for this edition is **December 31, 2019**—your envelope must be postmarked on or before that day.

Evaluation: Introduction to Psychiatry

Please complete the evaluation form below by placing an “X” in the box that best fits your evaluation of this educational activity. Completion of this form is required to successfully complete the activity and be awarded contact hours.

| At the end of this home study program, I am able to: | Strongly Agree, Agree, Neutral, Disagree, Strongly Disagree |
|---|--|
| 1. Review prominent theories and models related to mental health. | |
| 2. Differentiate between the models related to assessment, diagnosis, and interventional approach to the psychiatric patient. | |
| 3. Describe the current theories about the etiologies of mental illness. | |
| 4. Review the multi-axis diagnostic system of the DSM IV TR. | |
| 5. Review the characteristics of the major psychiatric disorders. | |
| 6. Describe the procedures for voluntary admission and treatment for the mentally ill person. | |
| 7. Describe the indications, procedure, and duration of involuntary holds. | |
| 8. Identify the role of each member of the multi-disciplinary team in regard to involuntary holds and the commitment process. | |
| 9. Review the civil commitment process. | |
| 10. Review patient rights in regards to psychiatry. | |
| 11. The teaching / learning resources were effective. <i>If not, please comment:</i> | |

| The following were disclosed in writing prior to, or at the start of, this educational activity (please refer to the first 2 pages of the booklet). | YES or NO |
|---|-----------------|
| 12. Notice of requirements for successful completion, including purpose and objectives | |
| 13. Conflict of interest | |
| 14. Disclosure of relevant financial relationships and mechanism to identify and resolve conflicts of interest | |
| 15. Sponsorship or commercial support | |
| 16. Non-endorsement of products | |
| 17. Off-label use | |
| 18. Expiration Date for Awarding Contact Hours | |
| 19. Did you, as a participant, notice any bias in this educational activity that was not previously disclosed? <i>If yes, please describe the nature of the bias:</i> | |

20. How long did it take you to read this home study and complete the post test and evaluation:
 _____hours and _____minutes.
21. Did you feel that the number of contact hours offered for this educational activity was appropriate for the amount of time you spent on it?
 ___ Yes
 ___ No, more contact hours should have been offered
 ___ No, fewer contact hours should have been offered.

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| Expiration date: December 31, 2019 |
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