

Safety in Psychiatry Post Test

Name _____

(Please enter legal name above)

Birth date (required)

M	M	D	D	Y	Y	Y	Y

Format: 01/03/1999

Where do you work? (example: HCMC, MVAHCS, etc.)
Enter N/A if you are not employed.

Hospital _____ Unit _____

*Email Address _____

*TCHP hospitals must use work email address.

I verify that I have read this home study and have completed the post-test and evaluation.

By checking this box, I am submitting my electronic signature to this statement.

HCMC only

- 1) Which of the following structural design features should NOT be on a locked psychiatry unit?
 - a) breakaway curtain rods
 - b) safety glass windows
 - c) locks on the doors
 - d) private phones
- 2) Can a patient use a safety razor?
 - a) yes
 - b) no

MVAMC only

- 1) Where are patient valuables stored?
 - a) in the hospital safe
 - b) in the business office
 - c) in the nursing station valuables drawer
 - d) in the patient room
- 2) Can a patient use a safety razor?
 - a) yes
 - b) no

All Participants

- 3) Your patients' visitor is visibly intoxicated and pulls out a glass bottle of beer to share with your patient. What should you do?
 - a) ask the visitor to leave
 - b) ensure the safety of other patients
 - c) call security
 - d) all of the above
- 4) Nineteen year-old male found by roommate in a "sluggish" state following the ingestion of 10 sleeping pills (Sominex) and a pint of whiskey. Recently has been giving away his possessions and has written a suicide note. After being brought to the Emergency Room, he declares that he will do it again. Blood alcohol level 0.23. For the last three or four weeks, he has had been sleep and appetite disturbances, with a 15-pound weight loss and subjective feelings of depression. He refuses to be admitted to the hospital. This patient is at what level of risk for suicide?
 - a) low risk
 - b) moderate risk
 - c) high risk
- 5) What is the most reliable indicator of assaultive behavior?
 - a) history of assaultive behavior
 - b) active psychosis
 - c) akathisia
 - d) traumatic brain injury
- 6) Which of the following techniques is most effective on calming a conflict?
 - a) aki
 - b) withdraw/retreat/refer
 - c) diversion
 - d) compromise
- 7) Your patient becomes very quiet, is tapping his foot and seems "different" than normal. What should you do?
 - a) use active listening
 - b) decrease the stimuli around the patient
 - c) redirect the patient
 - d) all of the above
- 8) During the ambiguity stage, which interventions would be the most helpful?
 - a) set limits
 - b) gather a team to do a show of force
 - c) isolate the person
 - d) all of the above may be helpful

Expiration date: The last day that post tests will be accepted for this edition is **December 31, 2018**—your envelope must be postmarked on or before that day.

EVALUATION: SAFETY IN PSYCHIATRY

Please complete the evaluation form below by placing an "X" in the box that best fits your evaluation of this educational activity. Completion of this form is required to successfully complete the activity and be awarded contact hours.

At the end of this home study program, I am able to:	Strongly Agree, Agree, Neutral, Disagree, Strongly Disagree
1. Discuss elements of a safety assessment of the ward/milieu.	
2. Review standards related to patient property, contraband, passes, visitors, and privileges.	
3. Describe precautions taken to prevent physical or sexual assault on either staff or patients.	
4. Identify myths related to the thoughts and actions of the suicidal patient.	
5. Identify the characteristics of persons at risk for suicide.	
6. Describe the process for providing safety to patients who are at risk for suicide.	
7. Differentiate between the levels of risk for suicide.	
8. Identify patient characteristics and situations where behavioral management may be required.	
9. Describe the effective use of limit setting.	
10. Describe assessing the need for and implementing restraints and seclusion.	
11. Explain the legal and JCAHO aspects related to physical intervention.	
12. Explain the process of debriefing/posting.	
13. The teaching / learning resources were effective. <i>If not, please comment:</i>	

The following were disclosed in writing prior to, or at the start of, this educational activity (please refer to the first 2 pages of the booklet).	YES or NO
14. Notice of requirements for successful completion, including purpose and objectives	
15. Conflict of interest	
16. Disclosure of relevant financial relationships and mechanism to identify and resolve conflicts of interest	
17. Sponsorship or commercial support	
18. Non-endorsement of products	
19. Off-label use	
20. Expiration Date for Awarding Contact Hours	
The following were disclosed in writing prior to, or at the start of, this educational activity (please refer to the first 2 pages of the booklet).	
21. Did you, as a participant, notice any bias in this educational activity that was not previously disclosed? <i>If yes, please describe the nature of the bias:</i>	

22. How long did it take you to read this home study and complete the post test and evaluation:

_____ hours and _____ minutes.

23. Did you feel that the number of contact hours offered for this educational activity was appropriate for the amount of time you spent on it?

___ Yes

___ No, more contact hours should have been offered

___ No, fewer contact hours should have been offered.

Expiration date: December 31, 2018