

Patient Education in the Real World

Name _____

(Please enter legal name above)

Birth date (required)

M	M	D	D	Y	Y	Y	Y

Format: 01/03/1999

Where do you work? (example: HCMC, MVAHCS, etc.) Enter N/A if you are not employed.

Hospital _____ Unit _____

*Email Address _____

*TCHP hospitals must use work email address.

I verify that I have read this home study and have completed the post-test and evaluation.

By checking this box, I am submitting my electronic signature to this statement.

- 1) When the patient is internally motivated, the success rate in the educational process increases.
 - a. True
 - b. False
- 2) Feedback during learning causes anxiousness and should be avoided.
 - a. True
 - b. False
- 3) The stage of change in which a person is aware of a need to change, yet has not taken any action is:
 - a. Pre-contemplation
 - b. Contemplation
 - c. Action
 - d. Maintenance
- 4) Studies report that relapse usually occurs only one time, and then the person continues to maintain success in making a complete change.
 - a. True
 - b. False

- 5) Studies have shown that these two generations are the most uncomfortable with conflict:
 - a. Veterans and Generation Xers
 - b. Baby Boomers and Generation Nexters
 - c. Veterans and Baby Boomers
 - d. Generation Xers and Generation Nexters
- 6) Which generation is attempting to immediately live the same lifestyle as their parents?
 - a. Veterans
 - b. Baby Boomers
 - c. Generation Xers
 - d. Generation Nexters
- 7) Which of the following indicates a patient may have limited health literacy:
 - a. Noncompliance with medical regimen
 - b. Lack of follow-through with laboratory tests
 - c. Frequently missed appointments
 - d. All of the above
- 8) The best method to use to teach patients is:
 - a. One to one discussion
 - b. Videotapes
 - c. Printed materials such as brochures
 - d. It depends on how the patient prefers to learn
- 9) Websites that end in .gov are more likely to be reliable.
 - a. True
 - b. False
- 10) It is recommended that health education materials developed for the general public should be in the:
 - a. 2nd-3rd grade level
 - b. 4th - 6th grade level
 - c. 7th-8th grade level
 - d. 9th - 10th grade level

Expiration date: The last day that post tests will be accepted for this edition is **December 31, 2017**—your envelope must be postmarked on or before that day.

Evaluation: Patient Education in the Real World

Please complete the evaluation form below by placing an “X” in the box that best fits your evaluation of this educational activity. Completion of this form is required to successfully complete the activity and be awarded contact hours.

At the end of this home study program, I am able to:	Strongly Agree, Agree, Neutral, Disagree, Strongly Disagree
1. Describe the characteristics of the adult learner.	
2. Recognize the six Stages of Change developed by James Prochaska and Carlo DiClemente.	
3. Identify generational issues when dealing with patient education.	
4. Identify behaviors that may indicate limited health literacy.	
5. Describe techniques by which patient education can be optimally delivered.	
6. The teaching / learning resources were effective. <i>If not, please comment:</i>	

The following were disclosed in writing prior to, or at the start of, this educational activity (please refer to the first 2 pages of the booklet).	YES or NO
7. Notice of requirements for successful completion, including purpose and objectives	
8. Conflict of interest	
9. Disclosure of relevant financial relationships and mechanism to identify and resolve conflicts of interest	
10. Sponsorship or commercial support	
11. Non-endorsement of products	
12. Off-label use	
13. Expiration Date for Awarding Contact Hours	
14. Did you, as a participant, notice any bias in this educational activity that was not previously disclosed? <i>If yes, please describe the nature of the bias:</i>	

15. How long did it take you to read this home study and complete the post test and evaluation:
 _____ hours and _____ minutes.

16. Did you feel that the number of contact hours offered for this educational activity was appropriate for the amount of time you spent on it?
 ___ Yes
 ___ No, more contact hours should have been offered
 ___ No, fewer contact hours should have been offered.

Expiration date: December 31, 2017
